



Alireza Malakoutikhah

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Marital Status: Single

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[LinkedIn Profile](#)



[Mendeley Profile](#)
(Mendeley Advisor)



Key Skills

* Languages:

Farsi

English

* Professional:

Teaching

Translation

* Academic Software:

Microsoft Office

Mendeley

Endnote

SPSS

MAXQDA



Education

B.Sc.: Nursing

* Kerman University of Medical Sciences, Iran.

2016  GPA: 17.01/20
2020 

M.Sc.: Psychiatric/Mental Health Nursing

* Kerman University of Medical Sciences, Iran.

2020  GPA: 17.92/20
2022 



Job Experience

Faculty Member

* Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Kerman, Iran.

2023  —  Present

Nurse

* Department of Surgery & COVID-19, Sediqeh Al-Zahra Charity Hospital, Tehran

2020  3 Months

English Language Instructor

* Afagh Language Center, Tehran, Iran.

2012  2 Years
2014 

* Safir English Language Academy, Tehran, Iran.

2014  2 Years
2016 



Academic Teaching Experiences

Clinical Courses Teaching Experiences

* Lecturer of Adult Nursing Clinical Course (1 credit/51 hours) in Shafa Hospital affiliated to Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Iran, 2022.

Practical Skill lab Teaching Experiences

* Teacher Assistance of Mental Illness clinical course (1 credit/51 hours) in Shahid Beheshti Hospital affiliated to Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Iran, 2019.

* Teacher Assistance of Fundamental of Nursing Clinical Skills course (28 hours) in the skills lab of Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Iran, 2019.

* Teacher Assistance of Fundamental of Nursing Clinical Skills course and OSCE (81 hours) in the skills lab of Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Iran, 2018.

* Teacher Assistance of First Aid course OSCE (9 hours) in the skills lab of Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Iran, 2018.

* Teacher Assistance of First Aid course and OSCE (35 hours) in the skills lab of Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Iran, 2017.

University Workshop Teaching Experiences

- * Instructor of a 2-hour Information Technology Workshop (Mendeley Software) for Ph.D. Students of Razi Faculty of Nursing and Midwifery of Kerman University of Medical Sciences, Iran, 2019.
- * Instructor of a 3-hour Referencing Workshop Training Session (searching articles' citations and working with Mendeley and Endnote software), Student Scientific Association of Critical Care, Kerman University of Medical Sciences, Iran, 2018.
- * Instructor of a 3-hour Referencing Workshop Training Session (searching articles' citations and working with Mendeley and Endnote software), Student Scientific Association of Critical Care, Kerman University of Medical Sciences, Iran, 2018.



Research Experiences



[0000-0002-0708-0029](https://orcid.org/0000-0002-0708-0029)



[I-4257-2018](https://publons.com/author/142572018/)



[Mendeley Advisor](https://www.mendeley.com/profiles/malakovikha)

M.Sc. Thesis & the Article

- * **Malakoutikhah A.**, Zakeri MA, Koenig HG and Dehghan M (2022) The psychometric properties of the Persian version of the moral injury symptoms scale-health care professionals version. *Front. Psychol.* 13:978572. DOI: 10.3389/fpsyg.2022.978572

Published Articles

- * Dehghan M., Ghaedi Heidari F., **Malakoutikhah A.**, Mokhtarabadi S. Complementary and Alternative Medicine Usage and Its Determinant Factors among Iranian Patients with Cancer. *WCRJ.* 2019; 6: e1382, DOI: 10.32113/wcrj_20199_1382.
- * **Malakoutikhah A.**, Dehghan M., Ghonchehpour A., Parandeh Afshar P., Honarmand A. The Effect of Different Genres of Music on Relaxation and Anxiety: A Randomized Controlled Trial. *EXPLORE: The Journal of Science and Healing.* DOI: 10.1016/j.explore.2020.02.005
- * Akafzadeh T., Arab M., Dehghan M., **Malakoutikhah A.**, Azizzadeh Forouzi M. et al. Intensive Care Unit Registered Nurses' Perceived Barriers Towards VAP Prevention in Southeast Iran: An Observational Study, 06 October 2020, PREPRINT (Version 1) available at Research Square [<https://doi.org/10.21203/rs.3.rs-79458/v1>]
- * Dehghan M, Jazinizade M, **Malakoutikhah A**, Madadimahani A, Iranmanesh MH, Oghabian S, Mohammadshahi F, Janfaza F, Zakeri MA. Stress and Quality of Life of Patients with Cancer: The Mediating Role of Mindfulness. *J Oncol.* 2020 Dec 10;2020:3289521. doi: 10.1155/2020/3289521. PMID: 33381176; PMCID: PMC7748895.
- * Setayesh M., Dehghan M., **Malakoutikhah A.**, Forouzi M. Effect of an Educational Program on Attitudes and Behaviors toward Adherence to Therapeutic Regimen among Hemodialysis Patients: A Randomized Clinical Trials. *Asian Journal of Nursing Education and Research; Raipur* Vol. 11, Iss. 2, (Apr-Jun 2021): 163-168. DOI:10.5958/2349-2996.2021.00041.0
- * Dehghan M., **Malakoutikhah A.**, Ghaedi Heidari F., Zakeri MA. The Effect of Abdominal Massage on Gastrointestinal Functions: a Systematic Review. *Complementary Therapies in Medicine.* 2020; 54: 102553. DOI: 10.1016/j.ctim.2020.102553
- * Maazallahi M, Ghonchehpour A, Sohrabi M, Golestani Z, Parandeh Afshar P, **Malakoutikhah A**, et al. Spiritual Well-Being among Medical and Nonmedical Science Students. Zemon V, editor. *Scientifica (Cairo)* [Internet]. 2021;2021:6614961. Available from: <https://doi.org/10.1155/2021/6614961>
- * **Malakoutikhah A**, Zakeri MA, Salehi Derakhtanjani A, Dehghan M. The psychometric properties of the relaxation/meditation/mindfulness (RMM) tracker t inventory in an Iranian population. *BioMed Research International.* 2021 Dec 31;2021.
- * **Malakoutikhah A**, Zakeri MA, Salehi Derakhtanjani A, Dehghan M. Anxiety, anger, and mindfulness as predictors of general health in the general population during COVID-19 outbreak: A survey in southeast Iran. *J Community Psychol.* 2021 Aug 18;10.1002/jcop.22690. doi: 10.1002/jcop.22690. Epub ahead of print. PMID: 34409604; PMCID: PMC8426806.
- * **Malakoutikhah A**, Zakeri MA, Dehghan M. A Comparison Between the Relaxation/Meditation/Mindfulness Tracker t Inventory and the Freiburg Mindfulness Inventory for Predicting General Health, Anxiety, and Anger in Adult General Population. *Frontiers in Psychology.* 2022:1647.
- * **Malakoutikhah, A.**, Dehghan, M., Ghonchehpour, A., Afshar, P. P., & Zakeri, M. A. (2022). A randomized controlled trial on the effects of different music genres on physiologic parameters and emotion. *Irish Journal of Medical Science* (1971-), 1-10.

Articles under Review

- * Postmenopausal women's usage of complementary and alternative medicine and its relationship to sexual function: a survey in southeastern Iran

Congresses

* Anxiety, Anger, and Mindfulness as Predictors of General Health in the General Population During Covid-19 Outbreak: A Survey in Southeast Iran. BLM2, ICAM4, An International Joint E-conference. Oral Presentation. Melissia, Selangor. 2021

Journal Peer-review

* Review for Sexuality Research and Social Policy. journal, Springer Nature. ISSN: 1868-9884. Review date: 2021. Review identifier(s): SOURCE-WORK-ID: 937a033d-7e96-43ca-a526-e8dd63258c6b



University Activity Experiences

* Member of the Student Scientific Association of Critical Care , Kerman University of Medical Sciences, Iran, for one year (2018-2019).

* Member of a team holding the Oral Health Education Plan of Deilamghani Orphanage, Deputy of Social Affairs, Kerman University of Medical Sciences, Iran, 2019.

* Member of a team holding a startup weekend event at the Islamic Azad University, Kohnouj branch, 2022.

* Cooperating with a national research project on follow-up and monitoring of complications of vaccination against Covid-19, implemented by: Ministry of Health and Medical Education, Shahrood University of Medical Sciences, Kerman, University of Medical Sciences 2019-2020.



Awards

* The best researcher of the postgraduate level among the universities in Kerman province in 2022, Kerman University of Medical Sciences, Iran.

* Number one article poster of the First Research Event For Undergraduate Students of Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Iran, 2019, 'The Effect of Different Genres of Music on Physiologic Parameters and Emotion: A Randomized Controlled Trial' **Malakoutikhah A.**, Dehghan M., Parandeh Afshar P., Ghonchehpour A., Honarmand A.

* Number one research proposal poster of the First Research Event For Undergraduate Students of Razi Faculty of Nursing and Midwifery, Kerman University of Medical Sciences, Iran, 2019, 'To Investigate the Relationship Between Mindfulness with Stress and Quality of Life among Patients with Cancer in Kerman, 2019' Dehghan M, Jazinee M., **Malakoutikhah A**, Madadi A., Mohammad Shahi F., Oghabian Sh., Iranmanesh MH., Amiri F., Janfaza F.