



**Dr. Firoozeh Mirzaee**

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### Education

- PhD in Reproductive Health, Mashhad University of Medical Sciences, Mashhad, Iran, 2016
- MSc in Midwifery Education, Shiraz University of Medical Sciences, Shiraz, Iran, 2008
- BSc in Midwifery, Shiraz University of Medical Sciences, Shiraz, Iran, 2003

### Theses undertaken

- **PhD Thesis:** The explanation of the process of relationship based on medical ethics in natural delivery and develop instrument of study mother's attitude about relationship based on medical ethics in delivery.
- **MSc Dissertation:** The effect of smelling lavender on plasma cortisol, serotonin, 5-HIAA & anxiety status in the labor of nullipar in the labor room of Hafez & Zeinabieh hospitals, Shiraz, 2007-2008.

## Appointments and Professional Activities

- Supervisor, student research committee, Razi school of nursing and midwifery, Kerman, Iran, 2016 up to now.
- Deputy of education in Razi school of nursing and midwifery, Kerman, Iran, 2017 up to now.
- Reviewer, Journal of qualitative research in health sciences, Kerman, Iran, 2015 up to now.

## Papers

- 1- Barriers to Puberty Talk between Mothers and Daughters: A Qualitative Study. **Mirzaee F**, Pouredalati M, Ahmadi A, Ghazanzfarpour M. Rev Bras Ginecol Obstet. 2021 May;43(5):362-367.
- 2- The Comparative Effect of Biofeedback and Auriculotherapy on Alleviating Hot Flashes in Menopausal Women: A Pilot Study. Eslami S, **Mirzaee F**, Mirzaee M, Valiani M, Baniasadi H. J Menopausal Med. 2021 Dec;27(3):146-154.
- 3- **Mirzaee F**, Ahmadi A. Overview of the Effect of Complementary Medicine on Treating or Mitigating the Risk of Endometriosis. Rev Bras Ginecol Obstet. 2021 Dec;43(12):919-925.
- 4- Comparing the effect of acupressure with or without ice in LI-4 point on labour pain and anxiety levels during labour: a randomised controlled trial. **Mirzaee, F.**, Hasaroeih, F.E., Mirzaee, M., Ghazanfarpour, M. Journal of Obstetrics and Gynaecology,2021; 41(3), pp. 395-400.
- 5- A model of trust within the mother-midwife relationship: A grounded theory approach. **Mirzaee, F.**, Dehghan, M. Obstetrics and Gynecology International, 2020,9185313.
- 6- The Effectiveness of Psycho-Educational and Cognitive-Behavioral Counseling on Female Sexual Dysfunction. **Mirzaee, F.**, Ahmadi, A., Zangiabadi, Z., Mirzaee, M. Revista Brasileira de Ginecologia e Obstetricia,2020; 42(6), pp. 333-339.
- 7- The effect and safety of Berberine on polycystic ovary syndrome: a systematic review.  
**Mirzaee, F.**, Razmjouei, P., Shahrahmani, H., Najaf Najafi, M., Ghazanfarpour, M. Journal of Obstetrics and Gynaecology;2020.
- 8- The Effect of Dialectic Behavioral Counseling on Depression, Anxiety, and Postpartum Hematocrit Level. Amiri NP, Ahmadi A, **Mirzaee F**, Mirzai M, Shahrokhi N. Rev Bras Ginecol Obstet. 2021 Apr;43(4):275-282.

- 9- The effect of combination of psychological counseling and acupuncture training with couple therapy approach on nausea and vomiting in pregnancy. Zahra Saeedi, Katayoun Alidoosti, **Firoozeh Mirzaee**, Atefeh Ahmadi, Tania Dahesh. Iranian Journal of Obstetrics, Gynecology and Infertility. 2019;21(11):71-79.
- 10- Investigating the Relationship between Smartphone Addiction and Loneliness and its Impact on Motivation to Progress in High School Students. Taghizadeh F, Reyhani P, Molavi N, Babakhanian M, Ghazanfarpour M, **Mirzaee F**, et al. Int J Pediatr 2019; 7(10): 10187-193.
- 11- Advantages and Disadvantages of Methadone among Children and Adults: A Systematic Review and Meta-Analysis. Babakhanian M, Mousavi Kani K, Shojaei H, Mousavi nezhad R, Daneshvar F, Sayehmiri K, Shahrzad Khosravifar, Shaghayegh Khosravifar, Abolfazl Fattah, Masumeh Ghazanfarpour, **Firoozeh Mirzaee**. Int J Pediatr 2019; 7(9): 10125-139.
- 12- Factors Affecting Child Labor in Iran: A Systematic Review. Int J Pediatr 2019; 7(9): 10067-75. Ghahremani S, Khosravifar Sh, Ghazanfarpour M, Sahraei Z, Saeidi A, Jafarpour H, Zahra Sahraei, Abdolhadi Saeidi, Hamed Jafarpour, Shaghayegh Khosravifar, **Firoozeh Mirzaee**.
- 13- Respect for woman's decision-making in spontaneous birth: A thematic synthesis study. **Firoozeh Mirzaee Rabor**, Fattaneh Mirzaee, Khadigeh Mirzaii Najmabadi, Ali Taghipour. Iranian journal of nursing and midwifery research. 2016;21:449-57.
- 14- Respect to women's autonomy in Childbirth: A Qualitative Study. **Firoozeh Mirzaee Rabor**, Ali Taghipour, Khadigeh Mirzaii Najmabadi, Seyed Hosein Fattahi Masoum, Masoud Fazilat Pour. Iranian Red Crescent Medical Journal (IRCMJ).2016
- 15- Voices of Mother's Interaction with Midwives in Natural Childbirth: A Qualitative Study. **Firoozeh Mirzaee Rabor**, Ali Taghipour, Khadigeh Mirzaii Najmabadi. Health.2015;7: 153-160.
- 16- Development and Validation of a questionnaire for measuring Iranian women attitude about medical ethics application in vaginal childbirth. **Firoozeh Mirzaee Rabor**, Ali Taghipour, Moghaddameh Mirzaee, Khadigeh Mirzaii Najmabadi, Masoud Fazilat Pour, and Seyed Hosein Fattahi Masoum. Journal of Nursing and Midwifery Studies.2015;4(4): 1-7
- 17- The effect of reflexology on primiparous women anxiety. **Firoozeh Mirzaee**, Masoumeh Kavyani, Peiman jafarie. Hayat. 2011;16(1): 65-71.
- 18- The effect of foot reflexology on pain intensity in first stage of labor and labor duration. **Firoozeh Mirzaee**, Masoumeh Kavyani, Peiman jafarie. Iranian Journal of Obstetrics, Gynecology and Infertility.2010; 14(8):27-32.
- 19- Evaluation of Maternal, Fetal and Neonatal Complications according to Body Mass Index in Women Referred to Shiraz Health Choice Centers. **Firoozeh Mirzaee**, Marziyeh Akbarzadeh, Moghadameh Mirzayi. Iranian Journal of Obstetrics, Gynecology and Infertility. 2009;14(8):25-33.

20- The Effect of Lavender Essence Smelling during Labor on Cortisol and Serotonin Plasma Levels and Anxiety Reduction in Nulliparous Women. **Firoozeh Mirzaee**, Sara Keshtgar, Masoumeh Keshtgar, Abdol Reza Rajae Fard. Journal of Kerman university of medical sciences. 2009;3: 245-254.

### Conference presentations

- 1- Ethics of medical errors: A systematic reviews. The 9ndnational congress on Iran medical ethics.12.1.2022. Kerman, Iran. Poster presentation.
- 2- Training of research Ethics, The 20nd international congress on microbiology.20.8.2019. Kerman, Iran. Oral presentation.20.8.2019. Kerman, Iran. Oral presentation.
- 3- Development and Validation of a questionnaire for measuring Iranian women attitude about medical ethics application in vaginal childbirth. The 2<sup>nd</sup> international congress on reproductive health and child bearing. May 2017. Tehran, Iran. Oral presentation.
- 4- Doing an active role of mothers in delivery: A grounded theory study. 7<sup>th</sup> Yazd international congress and student Award in reproductive medicine with congress of reproductive Genetic & congress of reproductive Immunology. 2017. Yazd. Iran. Poster presentation.
- 5- Respecting to women's autonomy in childbirth: a qualitative study. The 1nd international congress on reproductive health and child bearing. May 2016. Tehran, Iran. Oral presentation
- 6- The Effect of Lavender Essence Smelling during Labor on Cortisol and Serotonin Plasma Levels and Anxiety Reduction in Nulliparous Women. The 3rd research festival of post graduate student of Mashhad University of medical sciences, Mashhad, Iran. 2011. Mashhad, Iran. Poster presentation.
- 7- National congress of neonatal health improvement, 2011. Mashhad. Iran.

- 8- Evaluation of Maternal, Fetal and Neonatal Complications according to Body Mass Index in Women Referred to Shiraz Health Choice Centers. The 1st international congress of midwifery and reproductive health. 2011. Mashhad, Iran. Poster presentation.
- 9- 16<sup>th</sup> national and 1<sup>st</sup> international congress on reproductive medicine, 2010. Shiraz, Iran. Poster presentation.
- 10- New research on hormonal family planning in men, 2010. Lar. Poster presentation.
- 11- 8nd international congress of Iranian Midwifery and women. 2009. Tehran. Iran. Poster presentation.
- 12- The 2th seminar Iranian and Islamic medicine. 2009. Shiraz.
- 13- National congress of adolescent health. 2008. Shiraz. Iran. Oral presentation.

### **Books**

- complication of pregnancy (translate)
- Complementary medicine in midwifery ( author)
- The principles of preconception health promotion for general practitioners and midwives ( author)